

ValueMed Pharma Melatonin Plus 5mg 60 tablets



Dietary supplement

Rating: Not Rated Yet

Price

USD15.00

USD18.80

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Manufacturer [ValueMed Pharma](#)

Description

Description:

Melatonin Plus is useful to promote relaxation and favor the sleep. Melatonin contributes to the alleviation of subjective feelings of jet-lag. Magnesium and vitamin B2 contribute to normal functioning of the nervous system.

Use:

Take 1 tablet per day, preferably after dinner. The dose can be increased up to 2 tablets per day.

For jet-lag symptoms: the beneficial effect is obtained with a minimum intake of 0.5mg to be taken close to bedtime on the first day of travel and on the following few days after arrival at the destination.

Reviews

There are yet no reviews for this product.