

PhD Synergy ISO-7 Banana 2kg



Dietary supplement

Rating: Not Rated Yet

Price

USD60.00

USD60.00

[Ask a question about this product](#)

Manufacturer [PhD](#)

Description

Description:

Synergy ISO-7 is a lean, all in one, post workout shake. All in one refers to Synergy ISO-7 being able to offer a multitude of benefits from an array of ingredients within one shake. Synergy ISO-7 is also suitable for Vegetarians.

Who is Synergy ISO-7 for?

Synergy ISO-7 has been proven to be very popular with individuals and athletes after spells of intense physical activity that want to recover optimally & maintain a lean physique. Although Growth Factor Mass is also an all in one, post workout shake; Growth Factor Mass targets the hard gainer, whereas the Synergy ISO-7 user isn't particularly looking to add mass, but looking to maintain a lean physique and maybe add a small amount of lean, quality muscle tissue. Synergy ISO-7 contains 242 calories whereas Growth Factor Mass contains 555 calories.

Benefits:

As Synergy ISO-7 is an all in one, it contains a range of different ingredients which offer a variety of benefits. Firstly, as Synergy packs 40g it

ticks the box on that front. Combine this with its 17g of carbohydrates which derive from a blend of High and Low GI carbs it offers the perfect balance of instantaneous and sustained carbohydrate release for optimal recovery. Furthermore, Synergy ISO-7 delivers a potent mix of Creatine, Peptide bonded Leucine, Zinc along with a rich amino acid profile to name a few covering all angles for recovery and nutrient replenishment.

Features:

- 40g protein per serving, containing Whey Isolate and Whey Concentrates
- Perfect for a post exercise lean muscle rebuild drink
- Less than 7g sugar per 66g serving, with 17g total carbs
- Added Peptide bonded Leucine, Creatine and bioperine
- Halal, GMO Free, Palm Oil Free

Use:

Synergy ISO-7 should be used post workout after intense spells of exercise. Aim to consume within 30 minutes after sport or the workout for optimal usage. We recommend consuming with water for faster rate of absorption however you can also consume with milk.

1 serving: Add 2 scoops of powder (66g) to 300ml of ice cold water and shake or blend for 10 seconds

MADE IN UK

Reviews

There are yet no reviews for this product.