# **PhD Diet Whey Salted Caramel 1kg**



Dietary supplement

Rating: Not Rated Yet **Price** 

USD45.50

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Manufacturer PhD

## Description

## Description:

Diet Whey is a high protein, low carb, low calorie protein shake that assists fat loss.

# Who is Diet Whey for?

Diet Whey can be used by both men and women who are either targeting fat loss or looking to maintain a lean physique, year-round. Diet Whey is also suitable for Vegetarians.

## Benefits:

Diet Whey delivers a multitude of benefits. Not only does Diet Whey deliver 36g of quality protein per serving, but the protein derives from multiple sources giving you a variety of proteins that release into the blood stream at different stages which offer that drip feed effect of amino acids. Furthermore, as Diet Whey only contains 6g carbs per super serving and less than 200 calories, it is really macro-friendly & could fit into anybody's nutrition plan; whether you're carb cycling, following a ketogenic (keto) diet or just looking for something tasty that's low in calories,

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Diet Whey is the perfect option. If this wasn't enough, Diet Whey also delivers Flaxseed, CLA, L-Carnitine and Green Tea Extract which all support fat loss.

## Features:

- -The original and still best Diet Whey
- -Market-leading taste and mixability
- -Perfect macros, only 91 calories per serving and less than 3g carbs
- -Contains added CLA, Flaxseed and L-Carnitine

## Use:

Diet Whey can be used at any time however it's preferred usage which is evident from its large following is part of a smoothie which can be used for breakfast or in between meals throughout the course of the day.

Diet Whey helps curb hunger cravings too which is perfect for those seeking fat loss or looking to maintain a leaner physique as it offers feelings of satiety in between meals.

- 1 serving: Add 1 scoop of powder (25g) to 175ml of ice cold water and shake or blend for 10 seconds.
- 1 super serving: Add 2 scoops of powder (50g) to 350ml of ice cold water and shake or blend for 10 seconds.

MADE IN UK

## Reviews

There are yet no reviews for this product.