

## PhD Advanced Mass Strawberries & Cream 5.4kg



Dietary Supplement

Rating: Not Rated Yet

**Price**

USD82.00

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Manufacturer [PhD](#)

Description

**Description:**

Advanced Mass is our serious mass gainer for hard gainers. Advanced Mass is packed with protein, a blend of quality carbs & additional ingredients such as MCT oils deriving from Coconut oil & Creatine that will give you that extra nudge towards building quality muscle mass.

**Who is PhD Advanced Mass for?**

Advanced Mass is specifically designed for hard gainers delivering a whopping 1,146 calories per serving (3 scoops). Advanced Mass accompanied with a high calorie diet is the recipe to building mass.

**Benefits:**

With Advanced Mass delivering 1,146 calories per serving it makes your quest to great mass much more convenient. Packing & prepping meals day in day out can be time consuming & become frustrating. Advanced Mass allows you to consume the quality calories you require in the most convenient format. As Advanced Mass is so carbohydrate dense (188g), the recovery process kick starts as soon as the shake is consumed.

With 50g Protein accompanying the carb blend, protein synthesis is activated to ensure you recover optimally & have the best possible chance of recruiting more muscle.

**Features:**

- High calorie mass gainer
- 50G protein per serving
- Up to 193G of carbohydrates per serving
- Zinc, magnesium, MCT oil and creatine
- Carbs from oats, waxy maize and maltodextrin
- Less than 6G sugar per 300G serving
- Vegetarian, Halal, GMO Free, Palm Oil Free

**Use:**

Advanced Mass is an ideal post workout shake for those looking to build some thick muscle. Advanced Mass may also be used during the day should the user be struggling to consume calories from solid foods.

1 serving: Add 2 scoops of powder to 500-600ml of ice cold water and shake or blend for 10 seconds.

MADE IN UK

**Reviews**

There are yet no reviews for this product.