

Lifeplan L-Arginine 500mg 60 Tablets



Commonly supplemented by athletes. Helps to promote optimal healing of wounds. Facilitates muscle mass gain while limiting fat storage. Promoter of cardiovascular health. Suitable for vegans.

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Rating: Not Rated Yet

Price

USD33.30

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Manufacturer [Lifeplan](#)

Description

Lifeplan L-Arginine provides a high intake of l-arginine, an amino acid. Amino acids contribute to a growth in muscle mass and to the maintenance of normal bones.

L-arginine is in high concentrations in nuts and seeds like peanuts and almonds. It is also in chocolate and raisins.

L-Arginine is indeed necessary for the execution of many physiological processes. These physiological processes include hormone secretion, an increase in growth hormone output, the removal of toxic waste products from the body and also immune system defenses.

L-Arginine is an amino acid essential for protein synthesis, which can be produced by the body. As the body cannot produce enough for our needs, some must still be consumed in the diet or as a supplement. Amino Acids are the building blocks of protein which contributes to the maintenance and growth of muscle mass and helps to maintain normal bones.

How to use :

Take one to two tablets of Lifeplan L-Arginine daily, preferably between meals with a little liquid.

Do not exceed the recommended intake.
Do not use as a substitute for a varied diet and healthy lifestyle.

Reviews

There are yet no reviews for this product.